

GLUTEN FREE MENU

RADLETT

Please confirm if you are gluten intolerant, as all these dishes are specially prepared and may differ from the main menu

Nibbles

PUGLIAN OLIVES 3.5
Large green olives (contain stones)

PARMESAN EDAMAME VO 4
Olive oil, balsamic, sea salt

PRIMI

**BORLOTTI BEAN
MINISTRONE** V 7
Homemade

**WATERMELON & FETA
SALAD** V 7.5
With red onions, cucumber, mint olive oil

BURRATA V 9
Creamy mozzarella, tomato,
red onion, fresh jalapeno, olive oil

MELANZANE PARMIGIANA V 7.5
Grilled aubergine, bella lodi cheese, taggiasche
olives, tomato sauce

PASTA

All served with gluten free penne

SORRENTINA V 7/13
Buffalo mozzarella, basil, cherry
tomatoes, garlic, tomato sauce

CRAB & PRAWN 9/17
Chilli, tomato, cream sauce

CARBONARA 8/15
Pancetta, pecorino,
parmesan, egg

BEEF RAGU 8/15
Traditional homemade meat sauce

VEGAN CHORIZO V 8/15
With fresh tomato sauce, garlic, penne

SECONDI

ROASTED COD 20
With pancetta, charred pointed
cabbage, mashed potatoes, garlic,
parsley, chilli

STEAK TAGLIATA 24
Grilled sirloin, garlic butter, served with
rocket salad, parmesan, balsamic, cherry
tomatoes, red onion, olive oil

INSALATA ASIATICA 11
Avocado, cherry tomatoes,
spring onions, sesame seeds,
peeled cucumber, mixed leaves,
sesame dressing

MARSALA CHICKEN 18.5
Grilled breast, wild mushrooms, spinach,
marsala wine sauce, mushroom risotto

SEA BASS 19
With tenderstem broccoli, shaved courgettes,
garlic, diced tomatoes and rosemary potatoes

With: **Salmon fillet** 16.5
With: **Portobello mushrooms** V 14

**SEAFOOD & SAFFRON
RISOTTO** 17
Salmon, squid, prawns, saffron,
red chilli, fried rocket

**CHOPPED CHICKEN &
TARRAGON SALAD** 14
Gem lettuce, chicken breast, tomato,
peppers, avocado, peas, tarragon,
homemade Italian dressing

CONTORNI

**Tomato, Onion
& Beetroot salad** V 4.5
With fresh jalapeno

**Rocket &
Parmesan salad** VO 5
With balsamic, cherry
tomatoes, red onion, olive oil

**Zucchini & walnut
salad** VO 5
With olive oil, bella
lodi cheese, basil

**Tenderstem broccoli,
Chilli** V 4.5

Dessert

LEMON POSSET 7
With blueberry compote,
crushed amaretti

AFFOGATO 5.5
Vanilla gelato, espresso shot.
Add a shot of Grand Marnier 8.5

V Vegetarian VO Vegetarian/Vegan option V Vegan